

**DON'T BE A
DOPE**

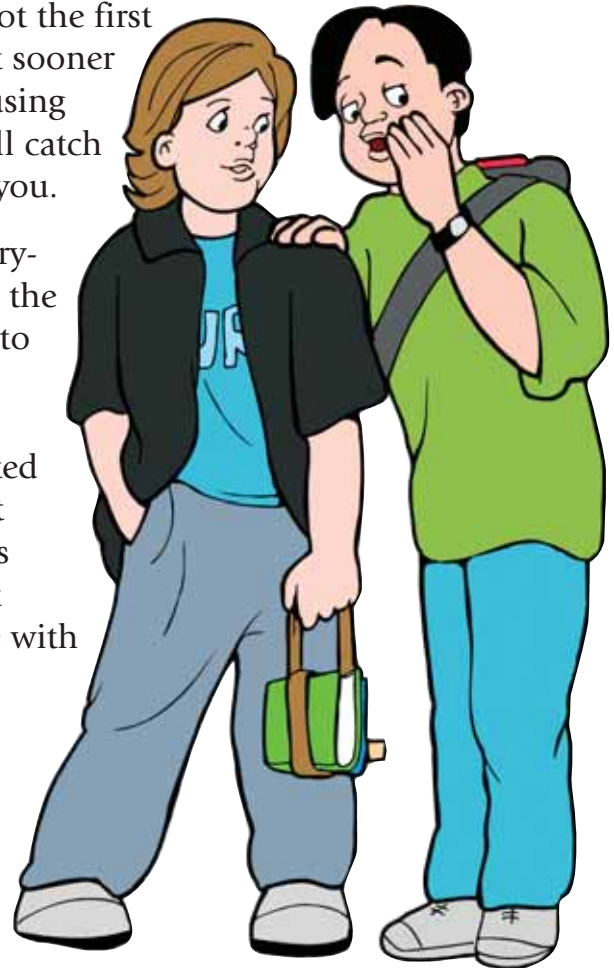
IT COULD COST YOU YOUR LIFE

crowd, to fit in, to belong. When you want to be accepted by your friends, peer pressure can be very powerful. But don't be a dope and gamble with your life... real friends accept you without compromise. Most kids believe that taking drugs is wrong and they do not want to associate with people who use them.

Some people believe that alcohol, marijuana and other drugs will make them feel at ease. Others think that drugs enhance the senses and make experiences more memorable. In reality, people who use drugs lose control.

Is a 30-second or 30-minute "high" worth risking the rest of your life? That is the kind of risk you take when you use drugs. No matter what anyone tells you, the facts show that drugs kill. Maybe not the first time, but sooner or later using drugs will catch up with you.

Sure, everyone feels the pressure to go along with the



**When
you
break
the law,
you pay
the price.**

Possessing or selling drugs is punishable by fine and imprisonment. For example, possessing a unit of crack can result in up to one year imprisonment and a \$5,000 fine. Selling, distributing or transporting crack can result in up to five years imprisonment and a \$15,000 fine.

A drug pusher convicted of selling drugs to a minor faces a mandatory minimum sentence of one year. However, a mandatory minimum sentence of three years applies if the sale or delivery takes place within 1,000 feet of a school, college or university, if the intent was for the minor to sell or deliver the drugs, or if the intent was for the minor to develop an addiction to drugs.

People under 21 convicted of underage drinking or using a fake driver's license to purchase alcohol face up to a \$500 fine. Pennsylvania recently reduced its blood alcohol content limit to .08, but the standard for those under the age of 21 is even tougher. Minors with BACs of .02% and above may not drive, operate or be in actual physical control of a vehicle. First and second violations are upgraded misdemeanors. Third and subsequent offenses are misdemeanors of the first degree. For BACs of .02 to .159%, minors face the more serious license suspension, prison time and fines that adults face for BACs of .10 to .156. For higher BACs, the penalties are the same as violations of adults with the highest rate of alcohol.

KNOW THE FACTS



*Drugs
Destroy
Your
Mind
and
Body*

Alcohol

Immediate Effects

- Initial relaxation
- Loss of inhibitions
- Impaired coordination
- Increased risk-taking
- Bad judgement/danger in driving car

Long Term Effects

Regular, heavy use increases the possibility of:

- Gastritis, pancreatitis
- Cirrhosis of the liver
- Certain cancers of the gastrointestinal track
- Heart disease
- Brain and nerve damage
- Suppression of sex hormone production, especially in males
- Upon withdrawal following regular heavy use, convulsions and delirium may occur

Cocaine

Immediate Effects

- Increased heart rate and blood pressure which leads to increased risk of burst blood vessels or heart failure
- Reduced appetite
- Faster breathing
- Increased alertness
- Dilation of pupils

Long Term Effects

- Strong psychological dependence
- AIDS and hepatitis if injected with used/shared needle
- Ulcerated mucous membrane of the nose

PCP

Immediate Effects

- Sense of distance and estrangement
- Poor muscle control
- Dulled senses
- Profuse sweating
- Increased breathing, blood pressure and pulse
- Possibility of self-inflicted injuries

Long Term Effects

- Persistent memory problems and speech difficulties
- Depression, anxiety, violent behavior
- Paranoia and hallucinations
- Large doses may cause convulsions, coma, heart and lung failure

Methamphetamines

Immediate Effects

- Increased activity
- Reduced appetite
- Shaking
- Dangerously high body temperature

Long Term Effects

- Suicidal or homicidal thoughts
- Violent behavior
- Tooth decay
- Hallucinations that the skin is crawling with bugs
- Insomnia
- Fatal damage to the kidneys, lungs, brain, and liver

Marijuana

Immediate Effects

- Increased heart rate
- Bloodshot eyes
- Dry mouth and throat
- Impairs short term memory and logical thinking
- Paranoia and psychosis
- Alters sense of time
- Reduces ability to perform tasks and hinders learning

Long Term Effects

- Psychological dependence
- Loss of drive and interest in sustained activity

Regular Heavy Use:

- Chronic bronchitis, lung cancer
- Reduction of sex hormone levels
- Impaired learning
- Decreased immunity

LSD

Immediate Effects

- Rapid pulse, increased heart rate, elevated blood pressure and body temperature
- Loss of appetite
- Sleeplessness and tremors

Long Term Effects

- Panic, confusion, suspicion, anxiety, and loss of control
- Flashbacks of prior LSD experiences

Inhalants

Immediate Effects

- Nausea, sneezing, coughing and nose bleeds
- Fatigue, poor coordination
- Increased heart and breathing rates
- Impaired judgement
- Large doses - unconsciousness and death

Long Term Effects

- Permanent damage to nervous system
- Fatigue and weight loss
- Anxiety

Where to Get Information?

U.S. Department of Health & Human Services
and SAMSHA National Clearinghouse
for Alcohol and Drug Information
www.health.org or **800-662-HELP**

Office of Attorney General Drug Demand
Reduction Unit **(717) 783-2600**
www.attorneygeneral.gov

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*This information provided
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